

## BERLIN COUNCIL ON AGING

Our mission is to enhance the quality of life of seniors in the community by providing services, which include nutrition, health screening, education and other program to meet their needs.



Do you need a smoke detector or assistance with changing the batteries?  
Contact Berlin COA

Working smoke and carbon monoxide alarms are essential fire safety tools to have in your home. They are the best way to prevent fire fatalities.

### MA ELDER AFFAIRS

Promotes independence, empowerment, and well-being of older people, individuals with disabilities, and their families. We ensure access to the resources you need to live healthy in every community in the Commonwealth.

### Resources for Seniors:

State resources– [www.eldercaredirectory.org](http://www.eldercaredirectory.org)  
Alzheimer's resources– [www.alz.org](http://www.alz.org)  
Support Services– [www.elderhelper.org](http://www.elderhelper.org)  
Organizations, general interest– [www.aarp.org](http://www.aarp.org)  
End of life resources– [www.growthouse.org](http://www.growthouse.org)



## NATIONAL SENIOR CITIZENS DAY

August 21st

This day was created as a day to support, honor and show appreciation to our seniors and to recognize their achievements. Their valuable contributions to our communities create better places to live.

You're invited to the 1870 Town Hall– Barnes Hall

10 a.m.– Light refreshments  
11am-12pm – BINGO with prizes

### Are you interested in Farmer's Market Coupons?

Gives seniors and families coupons to buy fresh fruits and vegetables at participating farmers markets. Berlin COA is working on becoming part of the Farmers Market Nutrition Program. If you're interested, COA will work to see if you meet the criteria. Contact us today!

### Obituaries

Robert Taylor, 87  
Madeline McTague, 83  
Douglas Babineau, 37  
Thomas Sawyer  
Ruth Bowers  
Marcin Nowak, 37

Brian Naughton, 56  
Peggy St. John, 65  
Gladys McCarthy Troup, 80  
Dennis Snay, 77  
Jordyn Juan, 3  
Thomas Kurbs, 72

Raymond Baer, 93  
Dean Valchuis, 49  
Phillip Hoban Jr, 82  
Robert Taylor, 87  
John Hallion, 58  
Dennis Snay, 77



I am pleased to announce that I have accepted an additional position in the Town of Berlin as the 1870 Town Hall Manager. As of July 1st my office will be located at the 1870 Town Hall.

Hours: Monday 8:30-2                      Tuesday 12-2                      Thursday 8:30-12

Summer office hours may vary please call ahead

978-838-2750 or [coadirector@townofberlin.com](mailto:coadirector@townofberlin.com)



### Berlin Council on Aging Members

Chair George Pendergast    Member Karen Shultz    Member Patricia Wheeler  
Member Lorinda Fearebay    Member Kate Bliss    Member Fran Gill    Member Beverly Baldwin





THANK YOU!

Special thanks to Clinton Savings Bank for their support in providing the postage for the Powder House News.

Clintonsavings.com

Contact Us: 888-744-4272

Powder House News  
 Council on Aging  
 Berlin, MA 01503

Bulk Rate  
 U.S. Postage  
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 Permit No. 3  
 Berlin, MA

**ELVIS PRESLEY SONGS WORD SEARCH PUZZLE**

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- All SHOOK UP
- ALWAYS ON MY MIND
- BLUE SUEDE SHOES
- BURNING LOVE
- CLAMBAKE
- DEVIL IN DISGUISE
- GIRL HAPPY
- HEARTBREAK HOTEL
- HOUND DOG
- IN THE GHETTO
- JAILHOUSE ROCK
- KING CREOLE
- LOVE ME TENDER
- LOVING YOU
- RETURN TO SENDER
- STUCK ON YOU
- SUSPICIOUS MINDS

**BERLIN COUNCIL ON AGING**

Hollie Lucht, Director Berlin COA Director @ 978-838-2750 /email  
 coadirector@townofberlin.com



Transportation services available. Rider Information forms are available on the Berlin town website under Boards & Committees– Council on Aging– Bus Services. Call 978-838-2750 for assistance.



# Your Ticket to FREE Summer Fun!

## 100 VENUES! 10 FRIDAYS!

### FRIDAY JUNE 28

Lyric Stage Company of Boston  
Cape Ann Museum  
Clark Art Institute  
MIT Museum  
Nichols House Museum  
Norman Rockwell Museum  
Plymouth Plantation  
The Mount: Edith Wharton's Home  
Wenham Museum  
Worcester Art Museum

### FRIDAY JULY 05

Amelia Park Children's Museum  
Cape Cod Maritime Museum  
Children's Museum in Easton  
Edward Gorey House  
Falmouth Museums on the Green  
Jacob's Pillow  
Museum of Printing  
Pilgrim Hall Museum  
The Old Manse, The Trustees  
The Telephone Museum

### FRIDAY JULY 12

Museum of Fine Arts, Boston  
Charles River Watershed Association  
Chesterwood  
Children's Museum of Greater Fall River  
Gloucester Stage Company  
Mahaiwe Performing Arts Center  
New England Quilt Museum  
The Patriots Hall of Fame  
Smith College Museum of Art  
Springfield Museums

### FRIDAY JULY 19

Boston Children's Museum  
The Arnold Arboretum of Harvard University  
Battleship Cove  
Cape Cod Children's Museum  
Nantucket Maria Mitchell Association  
New England Historic Genealogical Society  
Peabody Essex Museum  
Sandwich Glass Museum  
Spellman Museum of Stamps & Postal History  
The Eric Carle Museum of Picture Book Art

### FRIDAY JULY 26

Isabella Stewart Gardner Museum  
Edward M. Kennedy Institute for the U.S. Senate  
Cape Cod Museum of Art  
Commonwealth Museum  
Commonwealth Shakespeare Company  
Fitchburg Art Museum  
Historic Deerfield  
Larz Anderson Auto Museum  
The Gardens at Elm Bank (Mass Hort)  
Ventfort Hall Mansion & Gilded Age Museum

### FRIDAY AUGUST 02

Franklin Park Zoo  
Boston Symphony Orchestra at Tanglewood  
Chatham Shark Center  
Children's Museum at Holyoke  
Concord Museum  
International Volleyball Hall of Fame  
Lynn Museum  
Museum of Russian Icons  
Naumkeag, The Trustees  
Old State House

### FRIDAY AUGUST 09

Boston Harbor Islands National and State Park  
Davis Museum at Wellesley College  
Gore Place  
Hancock Shaker Village  
JFK Hyannis Museum  
Museum of the National Center of Afro-American Artists  
New Bedford Whaling Museum  
Old Colony History Museum  
Worcester Historical Museum  
The Greenway Carousel

### FRIDAY AUGUST 16

John F. Kennedy Presidential Library & Museum  
Berkshire Theatre Group  
Cahoon Museum of American Art  
Discovery Museum  
Fruitlands Museum, The Trustees  
Fuller Craft Museum  
Harvard Museums of Science & Culture  
Paragon Carousel  
Provincetown Art Association and Museum  
USS Constitution Museum

### FRIDAY AUGUST 23

The Institute of Contemporary Art/Boston  
Berkshire Museum  
Boston Athenaeum  
Buttonwood Park Zoo  
Emily Dickinson Museum  
Fort Devens Museum  
Freedom Trail® Foundation  
Heritage Museums & Gardens  
Museum of African American History  
The Mary Baker Eddy Library & Mapparium

### FRIDAY AUGUST 30

Old Sturbridge Village  
Cape Cod Museum of Natural History  
Griffin Museum of Photography  
Hull Lifesaving Museum  
Mass Audubon's Ipswich River Wildlife Sanctuary  
MASS MoCA  
Museum of the First Corps of Cadets  
Osterville Historical Museum  
Capron Park Zoo  
EcoTarium



f /HighlandStreet

t @HighlandStreet  
#FreeFunFridays

ig @highlandstreetfound

Please visit [HighlandStreet.org](http://HighlandStreet.org) or  
call 617.969.8900 for more information

WCVB 5  
The Boston Globe





### Weekly Senior Activities

Tai Chi and Yoga are held every week in COA Room 118 of the Town Offices.

All welcome. Donations accepted.

Tai Chi- Thursday 10:45 -11:45 a.m. Jeff Cote



# You're Invited Berlin Seniors Luncheon

Where: Northbrook Village  
135 Pleasant Street  
Berlin, MA 01503

When: Thursday August 29<sup>th</sup> @ Noon

Please RSVP by Friday August 23<sup>rd</sup> to  
Berlin Council on Aging Director, Hollie Lucht  
978-838-2750 or coadirector@townofberlin.com

Free to all Berlin Seniors over 60yrs old

  
Acoustic Music by  
Heather Marie



### HEALING CONVERSATIONS with Nashoba Nursing

Where: 1870 Town Hall

When: July 18th @ 11am- noon

RSVP by 7/15

Nashoba Associated Boards of Health  
When to Call the Town Nurse  
Tamara Bedard, RN (978) 772-3335 x 340

For at risk or underserved residents of any age  
Concern about a frail elder who may need additional  
services. Support and assistance with coordinating  
care and services. For questions about health concerns & for consul-  
tation. For possible hoarding and clutter issues. Communicable and  
infectious disease investigation and follow-up. Don't forget our  
monthly drop-in clinics held throughout the district. You are wel-  
come to attend ANY clinic!



Berlin COA Facebook page is  
"Berlin, MA Council on Aging"



### Interested in the Senior Property Tax Work Off Program?

Applications available now!

Email Peggy @

coa@townofberlin.com

## FILE OF LIFE

File of Life provides medical information of allergies,  
medications and more to emergency medical providers.  
Call COA 978-838-2750 to get yours.