

Berlin Little League



Safety Plan

2008

Mission Statement

Berlin Little League is committed to providing an opportunity for our community's children to learn the game of baseball in a safe and enjoyable environment.

Berlin Little League Phone Numbers

Hospitals/Emergency

Clinton Hospital	978-368-3000
Marlborough Hospital	508-481-5000
Health Alliance Hospital-Leominster	978-466-2000
UMASS Memorial Hospital	508-344-1000
Police Emergency	9-1-1
Police Non-Emergency	978-838-7356
Fire Department Emergency	9-1-1
Fire Department Non-Emergency	978-838-2444

Board of Directors

President	Michael Willis	978-838-2170
Vice President	Mark Sweeney	978-838-2034
Secretary	Stephanie Russell	978-838-0010
Treasurer	Joe Gugliemino	978-838-0118
Safety Officer	Michaela Ross	978-562-1651
Umpire Coordinator	Greg Smith	978-838-2493
Field Coordinator	Wess Cathcart	978-838-0476
Equipment Coordinator	Nubia Aurandt	978-838-0309

Coaches

T-Ball	Philip Wheeler John Quinn	978-838-7352 978-838-0141
Coach Pitch	Greg Smith Glen Mair	978-838-2493 978-838-9465
Minor	Scott Carlucci Paul Ciesluk Matt Grady	978-838-2298 978-838-2533 978-838-9493
Major	Mark Sweeney	978-838-2034

Berlin Little League Safety Code

- The responsibility to adhere to the safety procedures belongs to every adult member of the Berlin Little League.
- Each umpire, coach and player shall use proper reasoning and care to prevent injury to himself/herself and to others.
- Coaches will be required to distribute Little League Baseball Medical Release forms (blank form attached) to parents of all players. These forms must be completed by parents and returned to the coach prior to or at the first practice. Medical Releases are required to be carried by coaches together with the team roster.
- Coaches will be required to attend Safety-First Aid training, being held March 8, 2008, 9:00 a.m. to 12:00 p.m., at the Worcester Polytechnical Institute, 100 Institute Road, Worcester, MA 01609 in the Higgins Lab, Room 116. Every manager\coach must attend at least once every three years with one team representative in attendance every year.
- All league teams will be supplied with a First Aid kit to be kept with the team at all times, coaches are responsible for contacting the League Safety Officer when first aid supplies are needed.
- A First Aid kit will also be kept at the equipment shed.
- No games or practices will be held when weather or field conditions are poor.
- Rain – evaluate strength of rain (drizzle or pouring), evaluate playing field, stop practice or if playing a game and conditions become unsafe, consult with other coach and umpire to formulate a decision.
- Lightning – suspend all practice or games immediately, clear field, stay away metal fences, do not hold metal bats, and have players go to their designated driver's cars, consult with other coach and umpire to formulate a decision.

- Any game stopped in progress due to weather, lightning or field conditions shall end all field activities. No team is allowed to use the field to practice after such stoppage.
- Umpires and coaches will walk the playing field before games and practices for holes, glass, rocks or any other possible safety hazard.
- Team equipment should be kept within the team dugout and away from the area defined by the umpires as "in play".
- Only players, coaches and umpires are allowed on the playing field or in the dugout during practices and games.
- Responsibility for keeping bats and other equipment off the playing field should be that of the coach or a player assigned this task.
- All players should be alert and watching the batter on each pitch during practice and games.
- Players should be spaced so that no one is endangered by wild throws or missed catches during warm-up drills.
- All pre-game warm-ups should be done within the confines of the playing field and not within areas that are frequented by spectators or cars.
- Spectators and league personnel should be alert for foul balls and errant throws during practice and games.
- Umpires (games) and coaches (games and practices) will inspect equipment before each use for proper fit and safe condition, any unsafe equipment will be discarded (unsafe equipment must be destroyed or made unusable so that children do not try to save it).
- Batters must wear Little League approved protective helmets during batting practice and game.
- Protective helmets must be worn at all times by batters, runners and player base coaches during practices and games.

- During games anyone leaving the dugout for any reason must wear a protective helmet.
- Use of a protective helmet by an adult base coach is optional.
- The throwing of helmets or bats for any reason will be dealt with by the umpire.
- Coaches shall be instructed on hitting, sliding, fielding, pitching, etc. at the Coaches Fundamental Training being held March 6, 2008, 7:00 p.m. to 9:00 p.m., at the Worcester Parks and Recreation Building, 50 Skyline Drive, Worcester, MA 01605. Every manager\coach must attend at least once every three years with one team representative in attendance every year.
- Umpire Clinic being held April 6, 2008 10:00a.m. To Noontime at the Nashoba High School, 12 Green Road, Bolton MA 01740.
- Head first slides are not permitted except when a runner is returning to a base.
- League rules prohibit a team to practice with only one team coach present.
- On-deck batters are not permitted by Little League Baseball Rules and Regulations.
- Breakaway bases must be used at all practices and games, bases must be set completely within the ground holder, holders will be cleaned thoroughly before bases are inserted.
- No player will be allowed to handle bats within the dugout during an inning, a warning will be issued by the umpire and ejection may follow.
- After the third out of an inning, the defensive team coming into the dugout will not be allowed to let players go outside of the dugout to swing bats before the offensive half of their inning begins.

- While pre-game infield warm-ups are taking place the opposing team shall remain in their dugout.
- Coaches are reminded that they are not allowed to catch pitchers (Rule 3.09); this includes standing at backstop during practice as informal catcher for batting practice.
- Parents of players who wear glasses should be encouraged to provide "safety glasses" for their children.
- All male players in minor and major leagues will wear athletic supporters or cups during games. Coaches should encourage cups be worn at practices also.
- Male catchers must wear the metal, fiber or plastic type cup and a long-model chest protector during practice and games.
- Female catchers must wear long or short model chest protectors during practice and games.
- All catchers must wear league approved chest protectors with neck collar, throat guard, shin guards and catcher's helmet during practice and games.
- Catchers must wear a catcher's mitt.
- Shoes with metal spikes or cleats are not permitted.
- Players will not wear necklaces, watches, pins, rings, jewelry or other metallic items during practice or games (medical alert jewelry is permissible but should be tucked in or taped in place).
- At no time should "horse play" be permitted on the playing field.
- No food or glass bottles allowed in dugouts at any time.
- Coaches should encourage players to bring plastic water bottles to practices and games.

- Coaches should encourage parents/players to bring sunscreen and bug spray to practices and games.
- No children are allowed in the Little League field house for any reason unless accompanied by an adult.
- Coaches will make arrangements to have a cellular phone available when a practice or game is at a facility that does not have public phones.
- Coaches are urged to make cell phones available during practice and games and to encourage parents who attend to do the same.
- Coaches will make sure all players are accounted for before leaving the field and will never leave an unattended child at a practice or game.
- Names and addresses of all Little League players and volunteers be protected.
- Names of Little League players shall not be placed on the back of team uniforms or hats.
- All coaches, umpires and league volunteers who have repetitive access to league players and teams shall be required to fill out and submit a 2008 Little League Volunteer Application (blank form attached) along with a copy of a valid government issued photo identification. All above volunteers shall undergo a Criminal History background Check using Choicepoint.com, National Sex Offense Registry, and/or CORI checks.
- Speed limit is 5 mph in roadway and parking lots.
- No playing in parking lots at any time.
- No throwing rocks.
- No climbing on the fences.

- Bicycle helmets must be worn at all times when riding bicycles on the premises as well as to and from the premises.
- No bicycles shall be allowed on the field or in dugouts at any time.
- No smoking within twenty feet of the dugouts.
- No alcohol allowed on the premises at any time.
- No medication will be given at the field unless administered directly by the child's parent.
- All emergency agencies shall be supplied with directions to our league facilities.
- An entrance will be designated and open at all times for emergency vehicles.
- All coaches, umpires and league volunteers will be supplied with a complete list of emergency telephone numbers and a complete list of key league officials/volunteers telephone numbers.
- The Berlin Little League Safety Plan will be distributed to all coaches, umpires and volunteers and will be reviewed with each team prior to their first practice by their coach.
- A copy of the Berlin Little League Safety Plan will be posted at the Concession Stand with copies available for distribution upon request. The Concession Stand is operated strictly by the Berlin Recreation Department and is not the responsibility of the Berlin Little League.
- A copy of the Berlin Little League Safety Plan will be posted at our website, www.townofberlin.com/berlin.
- All coaches and players will sign a form stating they have read or have been read the Berlin Little League Safety Plan.

- All safety concerns/suggestions shall be directed to the League Safety Officer.
- All coaches are required to report any injury or accident within 24 to 48 hours to the League President. The President will contact the League Safety Officer and any accident forms (blank form attached) will be completed by the president, safety officer and coach within 24 hours of receipt of the report.
- All injuries and accidents will be kept on file by the League Safety Officer and a year end report will be compiled and distributed to the Board of Directors at the Leagues annual meeting.
- The League Safety Officer will also distribute the year end report to the District Safety Officer.
- The Berlin Little League shall enforce all Little League Rules and Regulations including the use of proper safety equipment by the catcher during pitcher warm-up and during pre-game and practice infield drills, and the prohibition of adults warming up pitchers.
- The League Safety Officer along with the League President shall prepare and include with this Safety Plan a National Facility Survey. This survey shall be done on an annual basis.
- The Berlin Little League Board of Directors, shall elect annually, an active Safety Officer. Our League Safety Officer shall be placed on file with Little League Baseball with the submission of this ASAP Safety Plan.

I have read or have been read the Berlin Little League Safety Code and promise to adhere to its rules and regulations.

Team

Coach

Assistant Coach

Player #1

Player #2

Player #3

Player #4

Player #5

Player #6

Player #7

Player #8

Player #9

Player #10

Player #11

Player #12

Player #13

Player #14